

# Revitalizing Chronic Disease Management in a Population Health Focused BSN Curriculum: Innovating the Graphic Organizer

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## Abstract

### Background/Introduction

Identifying a Need for a Refresh Demographic and health system trends call for BSN curricula to prepare students for non-acute care of older adults and individuals with chronic conditions, using evidence-based clinical care and self-management guidelines as the foundation. Seeking effective strategies to prepare BSN students to demonstrate clinical judgment and competency in caring for these populations has led to a revitalization of a strategy with a well-documented history in nursing education (Daly, Morgan, & Black; 2016).

### Purpose

The purpose of this presentation is to share an effective strategy in teaching key components of person-centered chronic disease care, one of the Essential Four Spheres of Care, that faculty can implement with relative ease and efficacy.

### Methods or Processes/Procedures

Seeking an innovative approach to improve competency in the application of the complex interwoven components of chronic care, to provide individualized care and self-management support, the familiar graphic organizer was revitalized with the goal of creating connections that support clinical judgment.

### Results

Performance in assignments and clinical judgment focused interactive learning activities suggest increased competency in applying the components of chronic condition care and self-management support. Exam items that focused on distinguishing and applying this learning suggest improvement based on item analysis. Student course end written reflections indicate increased competence. Teaching these complex interconnected chronic care components is more fluid and learner centered.

### Limitations

This approach is limited to one cohort of 60 students in one semester.

### Conclusions/Implications for Practice

The use of a revitalized graphic organizer supports BSN student competency in chronic condition care and self-management support. This approach can be used effectively in other BSN programs.

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## Biography

Kathleen Tilton is an Association Professor of Nursing and BSN Program Chair at the University of the Incarnate Word, San Antonio, Texas. She has two decades of experience working with clients with chronic conditions. Her emphasis in nursing education has been the role of the RN in chronic disease care and self-management support in non-acute care settings. She has over 10 years experience working to integrate the non-acute care of individuals with chronic conditions into didactic, clinical, simulation, and virtual learning experiences.

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